

**Did you
know?**

One in 13 Canadians over 65 has Alzheimer Disease
or a related dementia

238,000 Canadians over 65 have Alzheimer Disease

It is estimated that in 2011, there will be 111,600
new cases of dementia



In conjunction with the
Alzheimer Society of York Region
raising funds for
Alzheimer's research

Hosts the Fourth Annual
Remembrance Day
"Yoga Buy the Hour"
Sunday, November 21, 2010

Roll out your mat and buy an hour
to benefit Alzheimer Research

Register on-line at
www.forwardmotionyoga.com

or

Contact: **Cheryl Ward**
905 294-1813

Cheryl@forwardmotionyoga.com

Ask us about Sponsorships!

